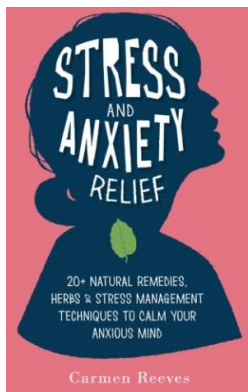


## Stress Anxiety Relief: 20+ Natural Remedies, Herbs Stress Management Techniques to Calm Your Anxious Mind



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